

Department of Liberal Education
Era University, Lucknow
Course Outline
Effective From: 2023-24

Name of the Program	B.A. / B.Sc. (LIBERAL EDUCATION)			Year/ Semester:	2nd / 4th
Course Name	Social & Community Health	Course Code:	NH202	Type:	Theory
Credits	04			Total Sessions Hours:	60 Hours
Evaluation Spread	Internal Continuous Assessment:	40 Marks		End Term Exam:	35 Marks
Type of Course	<input type="radio"/> Compulsory	<input checked="" type="radio"/> Core	<input type="radio"/> Creative	<input type="radio"/> Life Skill	
Course Objectives	<ol style="list-style-type: none"> 1. To provide information regarding nutritional assessment. 2. To enable students to impart nutrition education among rural and needy people. 3. To acquaint them with knowledge regarding health issues and their Management. 4. To help a community protect and preserve the health of its members, while the secondary goal is to promote self-care among individuals and families. 				
Course Outcomes(CO): <i>After the successful course completion, learners will develop following attributes:</i>					
Course Outcome (CO)	Attributes				
CO1	Students will be able to interpret and apply nutrition concepts to evaluate and improve the nutritional health of communities.				
CO2	Will contribute to national health system performance as a member of the public health team in the generation and efficient utilization of human and material resources for provision of health services.				
CO3	Promote healthy living, nutrition and environment in the community, school and workplaces and advocate for elimination of personal and environmental hazards.				
CO4	Identify health-care needs of populations and population subgroups, undertake relevant interventions and evaluate the impact.				
Pedagogy	Interactive, discussion-bases, student-centered, presentation.				
Internal Evaluation Mode	Mid-term Examination: 20 Marks Class test: 05 Marks Online Test/Objective Test: 05 Marks Assignments/Presentation: 05 Marks Attendance: 05 Marks				
Session Details	Topic			Hours	Mapped CO
Unit 1	Basic Concepts of Public Health/ Social Community Health Comprehensive Health Care , Social Development and Health Dimensions and Determinants of Health. Concepts and Indicators of Health and Wellbeing.			15	CO1
Unit 2	Basic Determinants of Health Environment and Health: Water and sanitation ,Environmental			15	CO2, CO4

	<p>pollution and Health impacts.</p> <p>Nutrition and health : Assessment of Nutritional status, Nutritional diseases and their management.</p> <p>Regular Physical activity and health</p> <p>Social determinants of Health</p>		
Unit 3	<p>General Epidemiology and Common Health Problems In India and National Health Programmes</p> <p>Basic concepts, definitions and types of Epidemiology, Screening and surveillance.</p> <p>Communicable Diseases—Common, Emerging and Re-emerging diseases, Hospital acquired infections, Antimicrobial resistance.</p> <p>Non-Communicable Diseases—Cardio-vascular diseases, Diabetes, Cancers, Rheumatic heart disease, Blindness, Mental Health, Occupational Diseases, Genetic diseases</p> <p>All National Health Programs</p>	15	CO3
Unit 4	<p>Health Education and Information Technology in Health:</p> <p>Concepts, objectives and approaches of health education Methods , modes and barriers of communication Planning, Management and Organization of health education programs</p> <p>E-Health and Role of media in Health Education</p>	15	CO4

CO-PO and PSO Mapping

CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO1	3						1		3					
CO2						2		1						2
CO3			2									3		
CO4							2						2	

Strongcontribution-3, Averagecontribution-2, Lowcontribution-1,

Suggested Readings:

Text- Books	<p>Note: A reading material will be provided by the faculty member well in time.</p> <ol style="list-style-type: none"> 1. Park, K., n.d. <i>Park's textbook of preventive and social medicine.</i> 2. Textbook of Community Medicine Preventive and Social Medicine by <u>Sunder Lal</u> 3. Preventive and Social Medicine (Community Medicine-Dr Balram Jana
Reference Books	<ol style="list-style-type: none"> 1. Review of Preventive and Social Medicine / Community Medicine / Community Health Curriculum for Undergraduate Medical Education 2. Bendich, A and Deckelbaum,RJ, 1997. Preventive Nutrition.The Comprehensive guide for health professional.
Para Text	<p>Unit 1: https://www.youtube.com/watch?v=3xrTTYL5maQ Unit 2: https://www.youtube.com/watch?v=T3cXnwnwTvs Unit 3: https://www.youtube.com/watch?v=i0qHfQipDcQ Unit4: https://www.youtube.com/watch?v=rKTK_W1dz5k</p>

Recapitulation & Examination Pattern		
Internal Continuous Assessment:		
Component	Marks	Pattern
Mid Semester	20	Section A: Contains 10 MCQs/Fill in the blanks/One Word Answer/ True-False type of questions. Each question carries 0.5 mark . Section B: Contains 07 descriptive questions out of which 05 questions are to be attempted. Each question carries 03 marks .
Class Test	05	Contains 05 descriptive questions . Each question carries 01 mark.
Online Test/ Objective Test	05	Contains 10 multiple choice questions . Each question carries 0.5 marks.
Assignment/ Presentation	05	Assignment to be made on topics and instruction given by subject teacher.
Attendance	05	As per policy.
Total Marks	40	

Course created by: Dr. Shazia Fatima
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Signature:

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Signature: 